



Client Information and Agreement Form

Session Date: _____

Client Name: _____

Date of Birth: ____/____/____ Sex: (M) (F) Age: _____

City: _____ State: _____ Zip: _____

Phone: (H) _____ Email: _____

Marital Status: _____ Number of children: _____

Occupation: _____

How did you find about Helena? _____

The reason for your Hypnosis session? _____

Have you ever been hypnotized before? _____

Do you have difficulty hearing? (Y) (N) *If so, you can be fitted with a headset.*

I voluntarily agree to sign this agreement and assumption of risks, because I fully understand that Helena Manafova, who is going to perform hypnosis, is not a doctor, nor has a degree in Psychiatry, and can neither diagnose nor treat any type of physical or mental disorder.

1. I am participating in hypnosis by my own choice because I want to be here.
2. I understand that I am not a patient, but a co-operator in my hypnosis experience.
3. I understand that any suggestion that is made during this sessions is only a part of a personal and educational motivation program, and is only informative.
4. I understand that my progress here involves how I care for myself physically, mentally, emotionally and spiritually.
5. I understand that this hypnosis session is exclusively for educational or emotional reasons. It is not intended to be in any way used as medical or psychological advice, this can only be given by a medical professional or a mental health specialist.
6. I understand that transformation is a process and that it can take time.

***DISCLAIMER:** Hypnosis is not intended to cure any specific condition. I make absolutely no claim of cure for any disease. Individual results may vary. Each session is unique and its success depends on your cooperation and faith in the process.



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1. **I am willing to be guided through relaxation, visual imagery, hypnosis, and/or stress reduction techniques.** I am aware that these modalities are spiritual-based and non-medical in nature and it is my responsibility to consult my regular doctor about any changes in my condition or changes in my medication.
2. **I understand the above modalities are not substitutes for regular medical care** and I have been advised to consult my regular medical doctor or health-care practitioner for treatment of any old, new or existing medical conditions.
3. **I understand that being hypnotized is not being asleep.** During a deep hypnotic trance, you can open your eye, speak, laugh, walk and you may be aware of everything that happens around you. You can even open your eyes and think it is not working and are not hypnotized. But when you allow those feelings or thoughts that come to your mind to flow freely as Helena Manafova speaks to you, you will relax and remember forgotten events in this life or a past life.
4. **I understand that change is my own and complete responsibility.** I understand **all healing is self-healing** and that Helena Manafova is only a facilitator in the process of helping me to solve my own problem(s). It is my responsibility to be open and honest, provide accurate feedback and be forthcoming with details and information that may help me achieve my outcomes.
5. **I understand that our session will be digitally recorded for my later use** and that Helena Manafova retains the copyright of these recordings. I also understand that in these types or metaphysical sessions, the energy in the room can affect the equipment and recording resulting in static or blank recordings.
6. I understand that often in hypnosis sessions, universal information is provided through the client to benefit all of humanity. **I agree to allow Helena Manafova to share this information** and any accompanying story either on video or in written form in blogs or books as long as my first and/or last name and all personal and relevant details are omitted and/or changed. (On videos, you will agree on what to omit.)

I am of legal age and understand I am entering into a cooperative relationship of my own free will. I accept that I am a willing participant in this cooperative relationship that will employ hypnotic techniques, regression, QHHT, and any other appropriate modality by Helena Manafova. Therefore, I do hereby release and discharge Helena Manafova from all claims of damages, copyright, demands or actions whatsoever in any manner arising from or growing out of my cooperative participation. If you have any concerns or questions regarding this agreement, please address them with Helena Manafova prior to signing. I have received and read this Client Information and Agreement Form and understand what I have read:

Client Signature: _____ Date: _____

I was trained in Dolores Cannon technique called QHHT in level I and level II. I commit to you that I will utilize all of my skills to help you. You have my assurance of my full integrity, professionalism, confidentiality and respect. **All sales are final and no refunds will be given.**